## Step 1

Line up the index finger with the beginning edge of the item being measured.


Step 2
Use the index finger on your other hand to measure the next segment.


## Step 3

"Leap frog" the first finger over the second finger. Then the second finger over the first finger until the entire length of the item has been measured. Record the number of fingers used.

Directions: Use your index fingers to measure the following items. Then have a friend use his or her index fingers to measure the same items.

| Item | My Fingers | Friend's Fingers |
| :---: | :---: | :---: |
| 1. | $\ldots$ fingers | $\ldots$ fingers |
| 2. | $\ldots$ fingers | _ fingers |
| 3. | $\ldots$ fingers | ___ fingers |
| 4. | $\ldots$ fingers | _ fingers |
| 5. | $\ldots$ fingers | __ fingers |

6. Were your answers the same as your friend's? Why or why not?
$\qquad$
$\qquad$
7. If your fingers were bigger, would this change your answers? Why?

1 Practice

A hand can be used two ways to measure items. Having the hand open and fingers together is called "palm" measuring. A hand "span" has the hand open and the fingers spread apart.


Directions: Place a hand at one edge of the item. Then place the other hand next to the first hand and "leap frog" the first hand over the second hand. Continue "leap frogging" until the width of the item has been measured. Record the number of hand palms or spans used.

| Item | Palms | Spans | Difference (palms - spans) |
| :---: | :---: | :---: | :---: |
| 1. desk | __ palms | ___ spans |  |
| 2. table | $\ldots$ palms | ___ spans |  |
| 3. open newspaper | ___ palms | ___ spans |  |
| 4. chair | __ palms | ___ spans |  |
| 5. radio | __ palms | ___ spans |  |
| 6. door | __ palms | ___ spans |  |
|  | __ palms | ___ spans |  |
| 8. window | $\ldots$ palms | ___ spans |  |

9. What was the greatest difference?
10. What was the smallest difference?

The measurement called a foot is 12 " long.


A person's foot can also be used to measure items.


Directions: Line the heel of one foot up against the beginning of the object. Then walk heel-to-toe the length (or distance) of the object. Record the number of feet. Then measure the distance using a ruler. (Two rulers might be helpful.) Record the number of feet. Find the difference between measuring with your feet and a standard foot ruler.

| Distance from your desk to: | Your Feet | $\square$ <br> Standard Foot | (Your Feet - Standard Feet) Difference |
| :---: | :---: | :---: | :---: |
| 1. the door | $\ldots$ feet | $\ldots$ feet |  |
| 2. the trash basket | $\ldots$ feet | $\ldots$ feet |  |
| 3. the bookcase | $\ldots$ feet | $\ldots$ feet |  |
| 4. the teacher's chair | $\ldots$ feet | $\ldots$ feet |  |
| 5. the window | $\ldots$ feet | $\ldots$ feet |  |
| 6. the chalkboard | _ feet | $\ldots$ feet |  |
| 7. the games area | __ feet | $\ldots$ feet |  |

8. What was the greatest difference?
9. What was the smallest difference?
10. What would happen to the answers if your foot was longer than 12 inches?
